



## **Big Kitchen Menu 2018**

**Daily specials from the blackboard** –why not add a glass of wine or a drink of your choice?  
*Try one of our chef's specials, which reflect the seasonal offerings from the estate and the wider locality*

### **Soup of the day and a sandwich**

£8.50 (£5.10 soup & artisan bread only)

*Homemade, of course!*

**Sandwich platter.** *A cob loaf with the filling of your choice together with a salad garnish*

Egg mayonnaise and cress (v)	£5.20
Tuna and cucumber	£5.20
Cheese, onion and pickle (v)	£5.20
Hummus, sweet pepper, baby spinach and feta (v)	£5.20

### **Open Sandwiches on Rye**

Salt beef, horseradish mustard, celeriac remoulade, pickles	£5.95
Smoked salmon, with yoghurt cucumber dressing, dill, red onion	£6.50

### **Parham stuffies**

£6.55

*Filled ciabatta, baked and served hot with a salad garnish*

Chicken and bacon	
Roasted Garden vegetables with mozzarella and herb pesto (V)	

### **Salads**

£7.95

Homemade sausage and cranberry plait	
Garden salad – see blackboard	

### **Jacket potatoes**

£6.95

Tuna, sweetcorn and smoked paprika	
Chicken and bacon with fresh herb crème fraîche	
Roasted garden vegetables with sweet chilli sauce (v)	

Grated mature Cheddar may be added to any of the above items for an additional 85p

### **Ploughman's served with local artisan breads and pickles**

*If you are on a diet, we can substitute the bread for salad.*

Three Sussex cheeses (V)	£7.60
Mixed meats – local cured venison, salt beef and chicken	£8.25

### **Dessert of the day – please see blackboard**

£3.90

Ice-Creams

*We have an exciting range of local ice-creams and sorbets – a couple with a touch of alcohol!*

See separate menu for prices

#### **DAILY SPECIALS**

Seasonal offerings from the  
blackboard

#### **SET MENU**

Soup or homemade pate



Dish of the Day



Dessert of the Day

2 courses: £10

3 Courses £12.95

Glass of wine £4.25

## Munchkin's menu

Pitta, hummus, vegetable matchsticks	£3.95
Half jacket potato, with grated cheddar or baked beans	£3.95
Sandwich, vegetable matchsticks, yoghurt, & 'sweet surprise'	£5.50

## Afternoon Tea

Fresh scone, served with clotted cream, Wilkins Jam and pot of tea	£5.75 for 1 person
	£10 for 2 persons
Sparkling Cream tea – as above with ¼ bottle Prosecco	£17 for 2 persons
Toasted buttered Teacake	£2.40
Pot of jam	£0.55
Cakes	from £ 2.50
Biscuits and tray-bakes	from £ 1.00

## Dietary information and Allergens

*If you are **allergic** to any foods, please inform a member of staff before ordering. All our foods are prepared freshly in a kitchen where allergens are handled. We regret we cannot therefore guarantee that trace elements will not be present in most dishes.*

*Please check with a member of staff if you have any **special dietary requirements**, to ensure you make the right choices. If you have other dietary needs, i.e. you are on a diet and would like a dish modified, please ask and we will do our best.*

## ALCOHOLIC BEVERAGES

We also offer a small selection of white and red wines in quarter bottle sizes as well as a Prosecco, and a bottled local lager, beer and cider.

When Wines by the glass is offered, they are sold in 125ml, 175ml and 275ml measures.

*Currently our license only permits us to serve alcohol to those having a 'bona fide' meal  
We operate a 'Challenge 25' policy  
Tap water is freely available, without charge.*

## **Mower Shed Menu 2018**

*Enjoy both a light bite and the gardens...*

### **Sandwiches**

*Freshly made in a choice of local breads and wrapped to eat in or enjoy in the pleasure gardens*

Egg mayonnaise and cress (v)	£4.85
Tuna and cucumber	£4.85
Cheese, onion and pickle (v)	£4.85
Hummus, sweet pepper, baby spinach and feta (v)	£4.85

### **Light Bites**

Snacks – various flavours	from £1.00
Individual pork pies wrapped	£2.80
Pork Pie with ploughman's salad	£6.50
Three Sussex cheese ploughman's, served with salad, apple and pickles	£6.50
Piece of fresh fruit	£0.85

### **Munchkin's menu**

*Served in a box for your little ones to enjoy wherever you / they want!*

Pitta, hummus, vegetable matchsticks (V)	£3.95
Sandwich, vegetable matchsticks, yoghurt, & 'sweet surprise'	£5.50

### **Afternoon Tea**

Fresh scone, served with clotted cream, delicious jam and pot of tea	£5.75 for 1 person £10.00 for 2 persons
Cakes	from £ 2.50
Biscuits and tray-bakes	from £ 1.00

### **Ice-Creams**

*See our exciting range of local ice-creams and sorbets*

Please see list for prices

### **Hot and Cold Drinks**

Please see separate menu

### **Dietary information and Allergens**

*If you are **allergic** to any foods, please inform a member of staff before ordering. All our foods are prepared freshly in a kitchen where allergens are handled. We regret we cannot therefore guarantee that trace elements will not be present in dishes.*

*Please check with a member of staff if you have any **special dietary requirements**, to ensure you make the right choices. If you have other dietary needs, i.e. you are on a diet and would like a dish modified, please ask and we will do our best. Foods are prepared in the Big Kitchen, so alterations to foods on sale in the Mower Shed can only be made with the ingredients to hand, otherwise please visit our main kitchen.*

## Mower Shed Drinks Menu

### TEAS

English breakfast - per pot	1 person	£1.80
	2 persons	£3.50
Earl Grey	per pot 1 person	£1.95
	2 persons	£3.80
Fruit and specialty Teas	Per person	£1.80

### COFFEES

Filter coffee	£2.50
Refill (please bring your cup back)	£1.50
Filter coffee decaffeinated	£2.50
Cafetière	£2.90

### SPECIALITY COFFEES

*Made from with exclusive method of using single or origin beans, captured in liquid form in a pod. All the beans are from either Rain Alliance, Free Trade and/or Organic plantations. The packaging is also 100% recyclable. Using minimal electricity, this method also saves the planets' energy resources.*

*Our coffees are:*

Region	Strength	Tasting Notes
Ethiopia.Asmara	Medium	Has a savory-sweet body. Combines with a dense sweet berry flavor. Light, dry on the palate, well-balanced medium body.
India. Vilasaita	Med-strong	From the Coorg Highlands. Full-bodied, strong, velvety feel, spicy, buttery, dominant notes of nutmeg, cinnamon, pistachio and cocoa.
S. America. Brezè	Strong	A dark, intense blend of select, South American and Asian beans.
Decaffè Colombian	Medium	A Grand Cru, single origin from the highland estates of Medellin. Zesty.

Cappuccino	£2.70
Decaffè Cappuccino	£2.85
Americano	£2.65
Decaffè Americano	£2.85
Café Latte	£2.70
Espresso	£1.70
Decaffeé Espresso	£1.90
Additional shot	£1.00

### HOT CHOCOLATE

Fair Trade Hot Chocolate	£1.95
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### CHILLED SOFT DRINKS

Folkington's Sparkling Elderflower	£2.10
Folkington's Hot ginger beer	£2.10
Folkington's Cloudy Pear juice	£2.10
Folkington's Cloudy Apple Juice	£2.10
Folkington's Orange Juice	£2.10
Coke Cola or Diet Coke (500ml)	£1.95
Southdowns Mineral waters – still or sparkling	£1.00